

INDIVIDUALIZED STUDIES CONCENTRATION

Interdisciplinary Studies, Bachelor of Arts - Individualized Studies Concentration Requirements

This academic plan allows you to create your own major through individual, complementary courses. Your plan must include a total of at least 18 credits of upper-division coursework and 36 total credits from any academic programs in the university to build content knowledge in specific areas of focus. Students must draft an intentional plan of study with the Interdisciplinary Studies advisor before being eligible to declare the Individualized concentration.

Code	Title	Credits
GENERAL EDUCATION REQUIREMENTS - 34 Hours Required		
Minimum of "C-" required		
Fundamental Skills		15
Writing – 6 hrs.		
ENGL 1150	ENGLISH COMPOSITION I	
ENGL 1160	COLLEGE RESEARCH AND INFORMATION LITERACY	
Oral Communication – 3 hrs.		
CMST 1110	PUBLIC SPEAKING FUNDS	
or CMST 2120	ARGUMENTATION AND DEBATE	
Quantitative Literacy – 3 hrs.		
MATH 1120	INTRODUCTION TO MATHEMATICAL AND COMPUTATIONAL THINKING	
or MATH 1130	QUANTITATIVE LITERACY	
or MATH 1140	QUANTITATIVE REASONING FOR HEALTHCARE PROFESSIONALS	
or MATH 1300	COLLEGE ALGEBRA WITH SUPPORT	
Data Literacy – 3 hrs.		
Select one from the following:		
STAT 1100	DATA LITERACY AND VISUALIZATION	
STAT 1530	ELEMENTARY STATISTICS	
Until Fall 2028, students can satisfy this requirement with an approved data literacy course, or any approved natural or social science general education course.		
Breadth of Knowledge		13
Social Science – 3 hrs.		
Humanities – 3 hrs.		
Natural & Physical Science (must complete a lab) – 4 hrs.		
Arts – 3 hrs.		
Individual and Social Responsibility		6
Cultural Knowledge – 3 hrs.		
Civic Knowledge and Engagement – 3 hrs.		
MAJOR REQUIREMENTS		
**Course will satisfy UNO's General Education requirement		
^Course requires pre-requisite(s)		
Interdisciplinary Studies Major with a Concentration in Individualized Studies - 50-51 Hours Required		

Required Coursework		6
INDS 1000	INTRODUCTION TO INTERDISCIPLINARY STUDIES (** ^)	
INDS 4950	INTERDISCIPLINARY STUDIES: CAPSTONE COURSE (^)	
Select one course from the following methods or statistics courses		3
BSAD 2130	PRINCIPLES OF BUSINESS STATISTICS (^)	
CRCJ 2510	RESEARCH METHODS (^)	
CRCJ/SOWK/PA 3000	APPLIED STATISTICS AND DATA PROCESSING IN PUBLIC SECTOR (^)	
PSCI 2000	INTRODUCTION TO POLITICAL INQUIRY AND WRITING (^)	
PSCI 3000	QUANTITATIVE ANALYSIS IN POLITICAL SCIENCE (^)	
PSYC 3130	STATISTICS FOR THE BEHAVIORAL SCIENCES (^)	
SOC 2130	SOCIAL STATISTICS (^)	
SOC 3510	RESEARCH METHODS (^)	
STAT 1530	ELEMENTARY STATISTICS (** ^)	
STAT 3000	STATISTICAL METHODS I (^)	
Additional hours to be determined in consultation with the advisor		5-6
Hours to be determined in consultation with advisor		36
Plan must include a total of at least 18 credits of 3000/4000 Level coursework and 36 total credits from any academic programs in the university to build content knowledge in specific areas of focus. Must draft an intentional plan of study with the Interdisciplinary Studies advisor before being eligible to declare the Individualized concentration.		
This academic plan may include one or more semesters of study abroad, or internships, if appropriate.		
College Breadth		
College of Arts and Sciences' college breadth requirement satisfied by this major		
BA Language Requirement		16
FREN, GERM, Or SPAN, 1110, 1120, 2110, 2120		
ELECTIVES		
Elective hours as required to reach a total of 120 hours		
Interdisciplinary Studies, Bachelor of Arts - Individualized Studies Concentration Four-Year Plan		
Freshman		
Fall		Credits
INDS 1000	INTRODUCTION TO INTERDISCIPLINARY STUDIES	3
ENGL 1150	ENGLISH COMPOSITION I	3
CMST 1110	PUBLIC SPEAKING FUNDS	3
or CMST 2120	or ARGUMENTATION AND DEBATE	
General Education Course or Elective		3
General Education Course or Elective		3

Attend Durango Days; other campus events. Set up a Handshake account and take the Pathway U career assessment. Attend the Student Involvement & Volunteer Fair to explore student organizations. Make advising appointment for spring: Sept-Oct. Work with your advisor to develop your Pathway in Stellic.		
Credits		15
Spring		
ENGL 1160	COLLEGE RESEARCH AND INFORMATION LITERACY	3
Approved Mathematics Course		3-4
General Education Course or Elective		3
General Education Course or Elective		3
General Education Course or Elective		3
Attend campus events such as major exploration week to get an idea of interests and career paths. Schedule a resume review with UNO Career Services. Visit faculty office hours and ask about undergraduate research opportunities. Make advising appointment for summer and fall: February – March.		
Credits		15-16
Sophomore		
Fall		
General Education Course or Elective		4
World Language 1110		5
Elective course		3
Major course		3
Attend the Career & Internship Fair to start networking with employers. Look for volunteer, research, or part-time work to gain experience. Join a student organization or club related to your field or interests. Make advising appointment for spring: Sept. - Oct.		
Credits		15
Spring		
World Language 1120		5
Elective course		3
Major course		3
Major course		3
Major course		3
Attend a career fair for informational and networking purposes. Update your resume and LinkedIn profile with new experiences. Investigate and apply for summer internships, research, or study abroad programs. Make advising appointment for summer and fall: February – March.		
Credits		17
Junior		
Fall		
World Language 2110		3
Major course		3
Major course		3
Upper-division major course		3
Approved Research Course		3
Apply for a paid internship or research assistantship. Attend a mock interview workshop or use online interview tools with Career Services. Start researching and visiting graduate programs or professional schools. Visit Career Center, continue updating resume. Make advising appointment for spring: Sept-Oct.		
Credits		15

Spring

World Language 2120	3
Major course	3
Upper-division major course	3
Upper-division major course	3
Upper-division major course	3
Request letters of recommendation from faculty for jobs or grad school. Attend the All-Majors Career Fair with a plan to network. Meet with your advisor or submit for a graduation check-in to review remaining degree requirements. Make advising appointment for summer and fall: February – March.	

Credits **15****Senior****Fall**

Upper-division major course	3
Upper-division major course	3
Additional major course or Elective	3
Additional major course or Elective	3
Elective	3

Check in with Career Center for networking tips. Finalize graduate school applications or job search strategy. Attend a career fair and start applying for full-time jobs. Prepare for interviews and salary negotiations with Career Services. Make advising appointment for spring: Sept. - Oct.

Credits **15****Spring**

INDS 4950	INTERDISCIPLINARY STUDIES: CAPSTONE COURSE	3
Additional major course or Elective		3
Additional major course or Elective		3
Additional major course or Elective		3
Additional major course or Elective		1

Complete your final advising check before graduation. Polish your resume, cover letters, and LinkedIn profile. Stay connected by joining alumni networks and professional organizations. Apply for graduation via MavLink.

Credits **13****Total Credits** **120-121**

Upper Level Credits: Students need 27 upper level credits throughout the degree with at least 18 upper level credits within the major. Electives may need to be selected at the 3000-4000 level to reach these minimums.

Additional Information About this Plan:

University Degree Requirements: The minimum number of hours for a UNO undergraduate degree is 120 credit hours. Please review the requirements for your specific program to determine all requirements for the program. In order to graduate on-time (four years for an undergraduate degree), you need to take 30 hours each year.

Placement Exams: For Math, English, World Language, a placement exam may be required. More information on these exams can be found at <https://www.unomaha.edu/enrollment-management/testing-center/placement-exams/information.php>

Transfer credit or placement exam scores may change suggested plan of study

GPA Requirements: 2.0

Note: This plan provides a general guide, but your specific courses, experiences, and career goals may differ. Work with your academic advisor to ensure you're meeting degree requirements and consult with career

advisors to explore internships, research opportunities, and post-graduation plans. Regular check-ins will help you stay on track and make the most of your time at UNO!