15-30**+**

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SOCIOLOGY, BACHELOR OF SCIENCE

Sociology, Bachelor of Science Requirements

Code	Title		Credits
GENERAL EDUCATION REQUIREMENTS - 34 Hours			
Required			
Minimum of "C-"red	quired		

Fundamental Skills			
	Writing – 6 hrs.		
	ENGL 1150	ENGLISH COMPOSITION I	
	ENGL 1160	COLLEGE RESEARCH AND	

INFORMATION LITERACY

Oral Communication – 3 hrs.

CMST 1110	PUBLIC SPEAKING FUNDS
or CMST 2120	ARGUMENTATION AND DEBATE

Quantitative Literacy - 3 hrs.

MATH 1120	INTRODUCTION TO MATHEMATICAL	
	AND COMPUTATIONAL THINKING	
or MATH 1130	QUANTITATIVE LITERACY	
or MATH 1140	QUANTITATIVE REASONING FOR HEALTHCARE	
	PROFESSIONALS	

or MATH 1300 COLLEGE ALGEBRA WITH SUPPORT

Data Literacy – 3 hrs.

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STAT 1100	DATA LITERACY AND VISUALIZATION

STAT 1530 ELEMENTARY STATISTICS
Until Fall 2028, students can satisfy this requirement with an

approved data literacy course, or any approved natural or social science general education course.

Breadth of Knowledge	13
Social Science – 3 hrs.	
Humanities – 3 hrs.	
Natural & Physical Science (must complete a lab) – 4 hrs.	
Arts – 3 hrs.	

Individual and Social Responsibility

Cultural Knowledge – 3 hrs.

Civic Knowledge and Engagement - 3 hrs.

MAJOR REQUIREMENTS

**Course will satisfy UNO's General Education requirement

^Course requires pre-requisite(s)

Sociology Major - 33 Hours Required

Required Coursew	ork	21
SOC 1010	INTRODUCTORY SOCIOLOGY (**)	
ANTH 1050	INTRODUCTION TO ANTHROPOLOGY (**)	
SOC 2120	SOCIOLOGICAL THEORY (^)	
SOC 2130	SOCIAL STATISTICS (^)	
SOC 2134	SOCIAL STATISTICS LAB (^)	
SOC 3510	RESEARCH METHODS (^)	
SOC 3514	RESEARCH METHODS LAB (^)	
SOC 4900	SENIOR THESIS (^)	

Additional Courses

Select one of the following options:

Option 1:

Select one upper-level ANTH course (3 credits)
Select three upper-level SOC courses (9 credits)

Option 2:

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Select a Concentration (12 credits)

College Breadth (choose one option)

Option 1: Complete any UNO minor or undergraduate certificate - 15+ hours

Option 2: Additional General Education Requirements - 18+hours

Additional quantitative literacy - 3 hours

Additional Social Science Gen. Ed. from another Discipline - 3 hours

Additional Humanities Gen. Ed. from another Discipline - 3

HIST 1000 and HIST 1010 - 6 hours

Additional Nat. and Physical Science w/ or without Lab - 3-5

Option 3: CAS comprehensive major (50+ hours) OR any second UNO major (30+ hours)

Bachelor Science Cognate Requirement

Students in the BS degree program are required to complete 15 hours of cognate coursework, a field of specialization outside of sociology based on their interests and/or career aspirations.

Cognates are designed by the student in consultation with the undergraduate adviser.

ELECTIVES

Elective hours as required to reach a total of 120 hours

Sociology, Bachelor of Science Concentrations

- Anthropology (http://catalog.unomaha.edu/undergraduate/collegearts-sciences/sociology-anthropology/sociology-bs/anthroplogy-conc/)
- Families and Inequality (http://catalog.unomaha.edu/undergraduate/ college-arts-sciences/sociology-anthropology/sociology-bs/familiesinequality-conc/)
- Health and Society (http://catalog.unomaha.edu/undergraduate/ college-arts-sciences/sociology-anthropology/sociology-bs/healthsociety-conc/)
- Inequality and Social Justice (http://catalog.unomaha.edu/ undergraduate/college-arts-sciences/sociology-anthropology/sociologybs/inequality-social-justice-conc/)
- Work and Organizations (http://catalog.unomaha.edu/undergraduate/ college-arts-sciences/sociology-anthropology/sociology-bs/workorganizations-conc/)

Sociology, Bachelor of Science Four Year Plan

Freshman

Fall		Credits	
SOC 1010	INTRODUCTORY SOCIOLOGY	3	
General Education (General Education Course or Elective		
MATH 1120	INTRODUCTION TO MATHEMATICAL	3-4	
or MATH 1130	AND COMPUTATIONAL THINKING		
or MATH 1140	or QUANTITATIVE LITERACY		
or MATH 1300	or QUANTITATIVE REASONING FOR		
	HEALTHCARE PROFESSIONALS		
	or COLLEGE ALGEBRA WITH		
	SUPPORT		

ENGL 1150	ENGLISH COMPOSITION I	3
CMST 1110	PUBLIC SPEAKING FUNDS	3
or CMST 2120	or ARGUMENTATION AND DEBATE	

Attend Durango Days; other campus events. Set up a Handshake account and take the Pathway U career assessment. Attend the Student Involvement & Volunteer Fair to explore student organizations. Make advising appointment for spring: Sept-Oct. Work with your advisor to develop your Pathway in Stellic.

	Credits	15-16
Spring		
ANTH 1050	INTRODUCTION TO ANTHROPOLOGY	3
General Educatio	n Course or Elective	3
ENGL 1160	COLLEGE RESEARCH AND INFORMATION LITERACY	3
General Educatio	n Course or Elective	4
Elective		3

Attend campus events such as major exploration week to get an idea of interests and career paths. Schedule a resume review with UNO Career Services. Visit faculty office hours and ask about undergraduate research opportunities. Make advising appointment for summer and fall: February – March.

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16
3
3
3
3
3

Attend the Career & Internship Fair to start networking with employers. Look for volunteer, research, or part-time work to gain experience. Join a student organization or club related to your field or interests. Make advising appointment for spring: Sept. - Oct.

	Credits	15
Spring		
SOC 2130	SOCIAL STATISTICS	3
SOC 2134	SOCIAL STATISTICS LAB	1
Elective		3
General Education Course or Elective		3
BS Cognate Course	3	
Elective		3

Attend a career fair for informational and networking purposes. Update your resume and LinkedIn profile with new experiences. Investigate and apply for summer internships, research, or study abroad programs. Make advising appointment for summer and fall: February – March.

Cradite

	Credits	10
Junior		
Fall		
ANTH 3000+		3
SOC 3000+		3
SOC 3510	RESEARCH METHODS	3
SOC 3514	RESEARCH METHODS LAB	1
Elective		3
General Education Course or Elective		

Apply for a paid internship or research assistantship. Attend a mock interview workshop or use online interview tools with Career Services. Start researching and visiting graduate programs or professional schools. Visit Career Center, continue updating resume. Make advising appointment for spring: Sept-Oct.

spring: Sept-Oct.	
Credits	16
Spring	
SOC 3000+	3
SOC 3000+	3
BS Cognate course#	3
Elective	3
Elective	3
Request letters of recommendation from faculty for jobs or grad school. Attend the All-Majors Career Fair with a plan to network. Meet with your advisor or submit for a graduation check-in to review remaining degree requirements. Make advising appointment for summer and fall: February – March.	
Credits	15
Senior	
Fall	
Elective	3-4
BS Cognate course	3
BS Cognate course	3
Elective	3
Check in with Career Center for networking tips. Finalize graduate school applications or job search strategy. Attend a career fair and start applying for full-time jobs. Prepare for interviews and salary negotiations with Career Services. Make advising appointment for spring: Sept Oct.	
Credits	12-13
Spring	
SOC 4900 SENIOR THESIS	4
B.S. Cognate Course	3
Elective	3
Elective	3
Elective	2
Complete your final advising check before graduation. Polish your resume, cover letters, and LinkedIn profile. Stay connected by joining alumni networks and professional organizations. Apply for graduation via MavLink.	

College Breadth: Students should plan on using at least 15 hours of "Electives" to fulfill Option 1, 2, or 3, of the College of Arts and Sciences' breadth requirement.

15

120-122

Credits

Total Credits

Upper Level Credits: Students need 27 upper level credits throughout the degree with at least 18 upper level credits within the major. Electives may need to be selected at the 3000-4000 level to reach these minimums.

Additional Information About this Plan:

University Degree Requirements: The minimum number of hours for a UNO undergraduate degree is 120 credit hours. Please review the requirements for your specific program to determine all requirements for the program. In order to graduate on-time (four years for an undergraduate degree), you need to take 30 hours each year.

Placement Exams: For Math, English, Foreign Language, a placement exam may be required. More information on these exams can be found at https://www.unomaha.edu/enrollment-management/testing-center/placement-exams/information.php

Transfer credit or placement exam scores may change suggested plan of study.

GPA Requirements: 2.0

Note: This plan provides a general guide, but your specific courses, experiences, and career goals may differ. Work with your academic advisor to ensure you're meeting degree requirements and consult with career advisors to explore internships, research opportunities, and post-graduation plans. Regular check-ins will help you stay on track and make the most of your time at UNO!