

# HEALTH AND KINESIOLOGY

## Our Mission

The School of Health and Kinesiology (H&K) is committed to excellence and the faculty is dedicated to teaching, scholarly activity, and service. The primary mission of the School of H&K is to prepare students for successful careers or advanced academic studies in kinesiology, public health, and physical education. The faculty shares a common sense of purpose to provide the knowledge, resources, and opportunities that will enable students to possess the skills and dispositions necessary to become dedicated practitioners, reflective scholars, and responsible citizens.

## Accreditation

The teacher educator programs in Health and Physical Education are accredited by the National Council for Accreditation of Teacher Education (NCATE) and the Nebraska Department of Education.

The Bachelor of Science in Public Health program is accredited by the Council on Education for Public Health (CEPH).

## Contact

School of Health and Kinesiology  
6323 Maverick Plaza  
Omaha, NE 68182  
402.554.2670

**Website (<https://www.unomaha.edu/college-of-education/health-kinesiology/>)**

## Admissions

### Public Health Admission Information

Students must have a cumulative and major GPA of at least 2.5.

### Kinesiology Admission Information

Students must have a cumulative and major GPA of at least 2.5.

### Physical Education and Health Education Educator Preparation Program Admission Information

The college offers educator preparation programs at the following levels: elementary education, middle level, and secondary education. For a complete listing of the endorsement areas at each level can be found here (<https://www.unomaha.edu/college-of-education/student-services/certification/endorsements.php>).

## Degrees Offered

- Bachelor of Science in Public Health (<http://catalog.unomaha.edu/undergraduate/college-of-education/health-kinesiology/public-health-bs/>)
- Bachelor of Science in Kinesiology (<http://catalog.unomaha.edu/undergraduate/college-of-education/health-kinesiology/education-physical-concentration-exercise-science-bs/>)

## Minors Offered

- Human Performance Minor (<http://catalog.unomaha.edu/undergraduate/college-of-education/health-kinesiology/human-performance-minor/>)
- Public Health Minor (<http://catalog.unomaha.edu/undergraduate/college-of-education/health-kinesiology/public-health/>)

- Sports Medicine Minor (<http://catalog.unomaha.edu/undergraduate/college-of-education/health-kinesiology/sports-medicine-minor/>)
- Worksite Wellness Minor (<http://catalog.unomaha.edu/undergraduate/college-of-education/health-kinesiology/worksite-wellness-minor/>)

## Endorsements Offered

- Health Science Education Endorsement (<http://catalog.unomaha.edu/undergraduate/college-of-education/teacher-education-department/health-science-education-endorsement/>)
- Physical Education (PK-12) and Health Education (<http://catalog.unomaha.edu/undergraduate/college-of-education/teacher-education-department/physical-education-p-6-7-12-endorsement/>)
- Physical Education (7-12) and Health Education (7-12) (<http://catalog.unomaha.edu/undergraduate/college-of-education/teacher-education-department/physical-education-health-7-12-endorsement/>)
- Coaching (7-12) (<http://catalog.unomaha.edu/undergraduate/college-of-education/teacher-education-department/coaching-7-12-endorsement/>)

## Public Health, Bachelor of Science

A degree in Public Health prepares students to become professionals who promote the health of the general public through education and skills for individuals and communities. Public Health professionals are leaders who engage in advocacy for policies that enhance and ensure healthy populations.

## Potential Career Opportunities/settings and examples:

- Government agencies
  - Centers for Disease Control and Prevention (CDC)
  - Department of Health and Human Services
  - State, Regional, County, and City Health Departments
  - Legislative bodies
  - Housing Authority
  - Peace Corps
- School Systems
  - Primary – 12 education
  - Colleges/Universities
  - Administration
- Non-profit organizations
  - American Red Cross
  - American Cancer Society
  - Women's Center for Advancement
  - Diabetes Educational Center of the Midlands
  - Planned Parenthood
  - Multiple Sclerosis Society
  - Wellness Council of the Midlands
- Non-Governmental Organizations (Global Health)
  - World Food Program
  - CARE International
  - International Red Cross
  - OxFam
  - Catholic Relief Services
  - World Vision
- Foundations
  - Buffett Foundation
  - Gates Foundation
- Hospitals
- Corporations

## **Kinesiology, Bachelor of Science in Education**

The Kinesiology program is designed to prepare students to assume positions as fitness or health promotion directors and exercise consultants.

### **Potential Career Opportunities/settings:**

- Biomechanist
- Community Fitness Specialist
- Exercise Physiologist
- Fitness Club Management
- Hospital Based Fitness & Wellness Specialist
- Laboratory Technician
- Personal Trainer
- Physical Activity Specialist
- Physical Therapy Aid or Technician
- Sports Industry/Equipment Exercise Science Specialist
- Strength & Conditioning Specialist
- Worksite Fitness/Wellness Specialist

## **Physical Education Teaching Preparation**

The Physical Education Teaching program prepares students to become certified physical educators in the state of Nebraska. Students may select an endorsement that includes Physical Education PK-6 and 7-12 dual endorsement or Physical Education 7-12 and Health Education 7-12 dual endorsement. The program includes hands on field experience in both urban and suburban schools beginning with observations and culminating with student teaching the final semester.

### **Potential Career Opportunities/settings:**

- Elementary School
- Middle School
- High School

\*Requires additional degrees/certifications.