

SOCIAL WORK, BACHELOR OF SCIENCE

Professional BSSW Program

Students who apply and are accepted into the BSSW program complete a sequence of professional social work courses as well as a practicum experience and social work specific electives.

Social Work, Bachelor of Science in Social Work Requirements

Code	Title	Credits
GENERAL EDUCATION REQUIREMENTS - 34 Hours Required		
Minimum of "C-" required		
Fundamental Skills		15
Writing – 6 hrs.		
ENGL 1150	ENGLISH COMPOSITION I	
ENGL 1160	COLLEGE RESEARCH AND INFORMATION LITERACY	
Oral Communication – 3 hrs.		
CMST 1110	PUBLIC SPEAKING FUNDS	
or CMST 2120	ARGUMENTATION AND DEBATE	
Quantitative Literacy – 3 hrs.		
MATH 1120	INTRODUCTION TO MATHEMATICAL AND COMPUTATIONAL THINKING	
or MATH 1130	QUANTITATIVE LITERACY	
or MATH 1140	QUANTITATIVE REASONING FOR HEALTHCARE PROFESSIONALS	
or MATH 1300	COLLEGE ALGEBRA WITH SUPPORT	
Data Literacy – 3 hrs.		
Select one from the following:		
STAT 1100	DATA LITERACY AND VISUALIZATION	
STAT 1530	ELEMENTARY STATISTICS	
Until Fall 2028, students can satisfy this requirement with an approved data literacy course, or any approved natural or social science general education course.		
Breadth of Knowledge		13
Social Science – 3 hrs.		
Humanities – 3 hrs.		
Natural & Physical Science (must complete a lab) – 4 hrs.		
Arts – 3 hrs.		
Individual and Social Responsibility		6
Cultural Knowledge – 3 hrs.		
Civic Knowledge and Engagement – 3 hrs.		
MAJOR REQUIREMENTS - 58 Hours Required		
**Course will satisfy UNO's General Education requirement		
^Course requires pre-requisite(s)		
All of the Following		46
SOWK 1000	SOCIAL WORK AND SOCIAL WELFARE (**)	
SOWK 1500	SOCIAL WORK AND CIVIC ENGAGEMENT (^)	
SOWK 2120	RACE, CLASS AND GENDER IN THE UNITED STATES (**)	
SOWK 3000	APPLIED STATISTICS AND DATA PROCESSING IN PUBLIC SECTOR (^)	

SOWK 3010	HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT I (^)	
SOWK 3020	HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT II (^)	
SOWK 3110	SOCIAL WELFARE POLICY (^)	
SOWK 3320	GENERALIST PRACTICE WITH INDIVIDUALS AND FAMILIES (^)	
SOWK 3350	GENERALIST PRACTICE WITH GROUPS, ORGANIZATIONS, AND COMMUNITIES (^)	
SOWK 4360	APPLIED SOCIAL WORK PRACTICE: CASE MANAGEMENT, RESOURCES, AND INTERVENTION (^)	
SOWK 4400	RESEARCH METHODS IN SOCIAL WORK PRACTICE (^)	
SOWK 4410	GENERALIST SOCIAL WORK FIELD PRACTICUM I (^)	
SOWK 4420	GENERALIST SOCIAL WORK FIELD PRACTICUM II (^)	
SOWK 4450	SOCIAL WORK CAREER PREP (^)	
Select 4 of the Following		12
SOWK 4010	SOCIAL WORK WITH AMERICAN INDIANS (^)	
SOWK 4020	SOCIAL WORK WITH BLACK FAMILIES (^)	
SOWK 4030	SOCIAL WORK WITH LATINOS (^)	
SOWK 4040	AGING AND DIVERSITY (^)	
SOWK 4050	ETHNIC DIVERSITY AND SOCIAL WORK PRACTICE (^)	
SOWK 4640	PERMANENCE FOR CHILDREN (^)	
SOWK 4650	SOCIAL WORK IN MENTAL HEALTH (^)	
SOWK 4660	SOCIAL WORK WITH INDIVIDUALS WITH DISABILITIES (^)	
SOWK 4510	CLINICAL TREATMENT ISSUES IN SUBSTANCE USE DISORDERS (^)	
SOWK 4620	TRAUMA AND RESILIENCE (^)	
SOWK 4680	MEDICAL AND PSYCHOSOCIAL ASPECTS OF SUBSTANCE USE DISORDERS	
SOWK 4690	ASSESSMENT AND CASE MANAGEMENT IN SUBSTANCE USE DISORDERS	
SOWK 4800	SOCIAL WORK AND THE LAW (^)	
SOWK 4810	SPIRITUALITY AND SOCIAL WORK PRACTICE (^)	
SOWK 4830	CRISIS INTERVENTION (^)	
SOWK 4850	HOSPICE & OTHER SERVICES FOR THE DYING PATIENT/FAMILY (^)	
SOWK 4060	MEDICAL SOCIAL WORK (^)	
SOWK 4530	SCHOOL SOCIAL WORK (^)	
SOWK 4880	TOPICAL SEMINAR IN SOCIAL WORK (^)	
SOWK 4890	SPECIAL STUDIES IN SOCIAL WORK (^)	
SOWK 4980	SENIOR HONORS PROJECT/THESIS (^)	

ELECTIVES

Elective hours as required to reach a total of 120 hours

Social Work, Bachelor of Science in Social Work Four Year Plan

Freshman

Fall		Credits
SOWK 1000	SOCIAL WORK AND SOCIAL WELFARE ¹	3
CMST 1110 or CMST 2120	PUBLIC SPEAKING FUNDS or ARGUMENTATION AND DEBATE	3
Quantitative Literacy		3
General		3
ENGL 1140	COLLEGE WRITING AND RHETORIC I WITH SUPPORT	4
Credits		16

Spring

ENGL 1160	COLLEGE RESEARCH AND INFORMATION LITERACY	3
Natural Science		4
Social Science		3
Art		3
General Elective		3
Credits		16

Sophomore

Fall		Credits
SOWK 1500	SOCIAL WORK AND CIVIC ENGAGEMENT ²	3
Data Literacy		3
Humanities		3
Cultural Knowledge		3
General Elective		3
Credits		15

Spring

Students can apply for the professional social work program during the spring term if all of the pre-requisite courses for the social work program will be complete by the end of the spring term.

SOWK 2120	RACE, CLASS AND GENDER IN THE UNITED STATES	3
Civic Knowledge		3
General Elective		3
General Elective		3
General Elective		3
Credits		15

Junior

Fall		Credits
SOWK 3010	HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT I	3
SOWK 3320	GENERALIST PRACTICE WITH INDIVIDUALS AND FAMILIES	3
SOWK 3890	WRITING FOR SOCIAL WORK	3
Social Work Elective		3
General Elective		3
Credits		15

Spring

SOWK 3020	HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT II	3
SOWK 3350	GENERALIST PRACTICE WITH GROUPS, ORGANIZATIONS, AND COMMUNITIES	3
SOWK 3110	SOCIAL WELFARE POLICY	3

SOWK 3000	APPLIED STATISTICS AND DATA PROCESSING IN PUBLIC SECTOR	3
Social Work Elective		3
Credits		15
Senior		Credits
Fall		Credits
SOWK 4410	GENERALIST SOCIAL WORK FIELD PRACTICUM I	6
SOWK 4360	APPLIED SOCIAL WORK PRACTICE: CASE MANAGEMENT, RESOURCES, AND INTERVENTION	3
SOWK 4400	RESEARCH METHODS IN SOCIAL WORK PRACTICE	3
Social Work Elective		3
Credits		15
Spring		Credits
SOWK 4420	GENERALIST SOCIAL WORK FIELD PRACTICUM II	6
SOWK 4450	SOCIAL WORK CAREER PREP	1
Social Work Elective		3
Social Work Elective		3
Credits		13
Total Credits		120

¹ Must receive a grade of B or better in SOWK 1000

² Must receive a grade of B or better in SOWK 2120

This roadmap is a suggested plan of study and does not replace meeting with an advisor. Please note that students may need to adjust the actual sequence of courses based on course availability. Please consult an advisor in your major program for further guidance.

This plan is not a contract and curriculum is subject to change

Additional Information About this Plan:

University Degree Requirements: The minimum number of hours for a UNO undergraduate degree is 120 credit hours. Please review the requirements for your specific program to determine all requirements for the program. In order to graduate on-time (four years for an undergraduate degree), you need to take 30 hours each year.

Placement Exams: For Math, English, Foreign Language, a placement exam may be required. More information on these exams can be found at <https://www.unomaha.edu/enrollment-management/testing-center/placement-exams/information.php>

**Transfer credit or placement exam scores may change suggested plan of study

GPA Requirements:

Students can apply for the professional social work program in the spring semester of their sophomore year given that the proper pre-requisite courses will be complete by the end of the sophomore spring term. Students must have a minimum cumulative GPA at or above 2.5 in order to apply for and begin the professional social work courses in their junior and senior year. Students must maintain a minimum GPA of 2.5 in order to continue in the professional social work program.