

HEALTHY AGING CONCENTRATION

Gerontology, Bachelor of Science in Gerontology - Healthy Aging Concentration Requirements

| Code | Title | Credits |
|---|---|-----------|
| GENERAL EDUCATION REQUIREMENTS - 34 Hours Required | | |
| Minimum of "C-" required | | |
| Fundamental Skills | | 15 |
| Writing – 6 hrs. | | |
| ENGL 1150 | ENGLISH COMPOSITION I | |
| ENGL 1160 | COLLEGE RESEARCH AND INFORMATION LITERACY | |
| Oral Communication – 3 hrs. | | |
| CMST 1110 | PUBLIC SPEAKING FUNDS | |
| or CMST 2120 | ARGUMENTATION AND DEBATE | |
| Quantitative Literacy – 3 hrs. | | |
| MATH 1120 | INTRODUCTION TO MATHEMATICAL AND COMPUTATIONAL THINKING | |
| or MATH 1130 | QUANTITATIVE LITERACY | |
| or MATH 1140 | QUANTITATIVE REASONING FOR HEALTHCARE PROFESSIONALS | |
| or MATH 1300 | COLLEGE ALGEBRA WITH SUPPORT | |
| Data Literacy – 3 hrs. | | |
| Select one from the following: | | |
| STAT 1100 | DATA LITERACY AND VISUALIZATION | |
| STAT 1530 | ELEMENTARY STATISTICS | |
| Until Fall 2028, students can satisfy this requirement with an approved data literacy course, or any approved natural or social science general education course. | | |
| Breadth of Knowledge | | 13 |
| Social Science – 3 hrs. | | |
| Humanities – 3 hrs. | | |
| Natural & Physical Science (must complete a lab) – 4 hrs. | | |
| Arts – 3 hrs. | | |
| Individual and Social Responsibility | | 6 |
| Cultural Knowledge – 3 hrs. | | |
| Civic Knowledge and Engagement – 3 hrs. | | |
| MAJOR REQUIREMENTS - 63 Hours Required | | |
| **Course will satisfy UNO's General Education requirement | | |
| ^Course requires pre-requisite(s) | | |
| Minimum of C- required. | | |
| Required Core Courses | | 45 |
| GERO 2000 | INTRODUCTION TO GERONTOLOGY (**) | |
| GERO 3000 | COMMUNITY RESOURCES FOR OLDER ADULTS (^) | |
| or GERO 4670 | PROGRAMS AND SERVICES FOR OLDER ADULTS | |
| GERO 3070 | DEATH AND DYING | |
| GERO 3250 | RESEARCH METHODS IN GERONTOLOGY | |
| STAT 1530 | ELEMENTARY STATISTICS (**) | |
| or STAT 1100 | DATA LITERACY AND VISUALIZATION | |
| GERO 3500 | BIOLOGICAL PRINCIPLES OF AGING (^) | |

| | |
|--|---|
| GERO 4440 | SOCIOLOGY OF AGING |
| GERO 4460 | PSYCHOLOGY OF ADULT DEVELOPMENT AND AGING (^) |
| GERO 4470 | MENTAL HEALTH AND AGING (^) |
| GERO 4550 | HEALTH ASPECTS OF AGING |
| GERO 4690 | AGING AND DIVERSITY |
| Additional 3 Gerontology Courses of Student's Choice - 9 hrs | |
| GERO 4940 | PRACTICUM (A cumulative GPA of 2.5 is required to enroll in practicum.) |
| Healthy Aging Concentration Courses | |
| 18 | |
| GERO 4560 | NUTRITION AND AGING (^) |
| GERO 4420 | RECREATION FOR THE AGING |
| GERO 4850 | HOSPICE & OTHER SERVICES FOR THE DYING PATIENT/FAMILY |
| Select 3 courses from the following (9 Hours) | |
| GERO 4570 | REHABILITATIVE DESIGN |
| GERO 4200 | VOLUNTEER MANAGEMENT (^) |
| PHHB 1500 | FOUNDATIONS IN PUBLIC HEALTH (**) |
| PHHB 2070 | SUBSTANCE ABUSE AND MISUSE: PREVENTION AND MANAGEMENT |
| PHHB 2850 | STRESS MANAGEMENT |
| PHHB 2310 | HEALTHFUL LIVING |
| PHHB 3080 | HUMAN SEXUALITY |
| PHHB 4650 | GLOBAL HEALTH (**) |
| PHHB 4130 | COMMUNITY HEALTH |
| HEKI 3090 | APPLIED NUTRITION (**) |
| PE 1800 | FITNESS FOR LIVING |
| KINS 3900 | MOTIVATION FOR PHYSICAL ACTIVITY (^) |
| May choose up to 3 courses from: PEA 100 level | |
| ELECTIVES | |
| Elective hours as required to reach a total of 120 hours | |