

EXPLORATORY (EXPL)

Exploratory Undergraduate Courses

EXPL 1000 EXPLORATORY STUDIES (3 credits)

All Exploratory Studies students will take EXPL 1000, a general education course specifically designed for Explorers which: Empowers students to define their passions, talents, and interests to choose a best-fit major/minor; helps students explore different disciplines, Academic Focus Areas, and majors/minors at UNO; draws on happiness and well-being theories to help students better define the meaning of success in college and in life; provides mentorship from faculty, staff, peer mentors, EXPL Ambassadors, and more.

Prerequisite(s): Not open to non-degree graduate students.

Distribution: Social Science General Education course

EXPL 1010 EXPLORATORY STUDIES: COLLEGE EXPLORATION AND SUCCESS SEMINAR (1 credit)

The aim of this course is to set students up for college success. Students will learn about university resources and college level academic success strategies. This course provides students with guided exploration of majors and career pathways. Students will use various methods to identify and reflect on their strengths and passions to direct their search for academic paths. Students will engage with faculty, peer mentors, staff and peers to foster a sense of community and belonging.